

WoodWorks Architectural Lecture Series: 'Constructing Health'

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WARREN AND MAHONEY®

Featuring internationally renowned mass timber architect Tye Farrow



Above left: Credit Valley Hospital **Above right:** Shaare Zedek Medical Centre

Cost: \$30 incl GST

Dates:

| Date / Time | City | Venue | Registration Link |
|---|--------------|---|--|
| 17 October 5:00 pm start 6:30 pm finish | Auckland | Warren and Mahoney Studio 139 Pakenham Street West | Click here for Auckland event Registration |
| 18 October 5:00 pm start 6:30 pm finish | Wellington | Warren and Mahoney Studio Level 4, NZX Centre 11 Cable Street | Click here for Wellington event Registration |
| 19 October 5:00 pm start 6:30 pm finish | Christchurch | Warren and Mahoney Studio 254 Montreal Street | Click here for Christchurch event Registration |
| 20 October 3:30 pm start 5:00 pm finish | Queenstown | Holiday Inn Express Cnr Stanley and Sydney Street | Click here for Queenstown event Registration |

Organiser details:

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| Company: | Innovatek Limited, PO Box 1230, Rotorua Office: Scion Campus, 99 Sala Street, Whakarewarewa |
| Organiser: | John Stulen, Communications Director, WoodWorks W https://woodworks.events/ E john.stulen@innovatek.co.nz M 027 275 8011 |

Lecture Title: “Constructing Health – The Elements of Enriched Environments”

Abstract: What if we were dedicated to building places that cause health?

Traditionally, most cultures have had a wholistic approach to health and wellbeing. This comprehensive view encompassed mental, physical and spiritual health and social well-being and considered the effects of physical environment in addition to diet and lifestyle. Today, ‘health’ has become synonymous with ‘health care’ as the western, evidence-based model extinguished the older view. However, recent research has confirmed that where one lives has more impact on one’s health and wellbeing than the medical system (beyond episodes of serious disease, of course).

In his talk, Tye discusses the concept of ‘activated optimal health’ through environmental enrichment, and the role our built environment plays in this equation. His lecture will look at the cross-fertilising knowledge between design and brain science, which can lead to the conditions in which people can flourish, not merely survive.

Tye will draw on material from his forthcoming book, titled “Constructing Health: An Exploration of Generous Architecture Through the Neurological, Psychological, and Emotional Benefits of Enriched Environments” which will be published by University of Toronto Press in late 2023. He will also reference examples of his firm’s designs in Canada, Europe and Israel.

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About Tye Farrow, Senior Partner, Farrow Partners Architects FRAIC, BArch, M Arch UD, M Neuro Appl Arch Des , OAA, MAIBC, AIA Assoc, LEED AP

Working at the intersection of architecture and neuroscience, Tye Farrow is a world-recognised pioneer tackling how what we create either gives or cause health. With award-winning projects around the globe that enact salutogenic design - design that actively incites health. He is the first Canadian architect to have earned a Master of Neuroscience Applied to Architecture (University of Venice IUAV), and has a Master of Architecture in Urban Design (Harvard University), and a Bachelor of Architecture degree (University of Toronto).

Tye is a sought-after speaker who has presented to respected organisations and universities in over forty cities on six continents, including the Salk Institute, The Johns Hopkins University School of Medicine, Mayo Clinic and The Cleveland Clinic, and has been called a global leader making “a significant contribution to health and humanity through the medium of architecture” (Stockholm World Design & Health Congress) and “one of the world’s most prominent practitioners of, and advocates for, human-built environments that enrich our lives through neuroarts choices” (Susan Magseman, Founder and Director, International Arts + Mind Lab, Johns Hopkins Medical School, “Your Brain on Art”).

In his first book, to be published in the fall of 2023, titled “Constructing Health: An Exploration of Generous Architecture: Through the Neurological, Psychological, and Emotional Benefits of Enriched Environments”, Tye further explores these issues, and how the built environment can be used to create the conditions where we flourish.

Whether it’s a new 32-km mixed-use archipelago park inspired by Vivaldi’s “Four Seasons” to address rising sea levels in Venice; a new cancer centre in Jerusalem under construction that communicates life’s beauty & fragility through a butterfly-like wood structure; Dublin Ireland’s flagship private hospital, that communicates Celtic mythology tied to the land; a Toronto education campus that embeds tree-like natural affordances; or a Sechelt BC hospital that reflects First Nations’ notions of generosity; Farrow is “one of nineteen global earth champions and wellness visionaries who are changing what it means to do good.” (Hospitality Design).

Tye Farrow

Farrow

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